

## ***Prayer for Addiction***

**Instructions:** Take a deep breath. Breathe in through your nose for 5 seconds and exhale through your mouth for 5 seconds. Do this 3 times releasing all thoughts and heaviness in your mind and body. Now, Visualize and surround yourself in a big bubble of Christ Light for protection.

Infinite Spirit,

You are Omnipresent, Omnipotent and Omniscient. I thank You for who You are and how You manifest Yourself in, through and around me. Thank you for the leadership and guidance of your Holy Spirit and the Great Angelic Host in assisting me with this prayer. Thank you for loving me unconditionally. Thank you for keeping me alive and well on my life's journey. I have been creating my life by default and because of this, I have had many unpleasant experiences. Holy Spirit, I was hurt and wounded in my soul as a child and I ask you to heal me in my mind, body and emotions right now! I AM ready to recreate my life with purpose and on purpose. I know who I AM now. I AM one with the Power and Presence of God in Me, and today I cleanse and release myself of all past hurts, people and experiences.

I command my body, soul and emotions to be healed right now!

I AM now healed from the very first offense that caused me to go down this path and partake in drugs/alcohol. I ask that you take the taste and desire out of me and replace it with the desire to seek the God in me. I forgive myself for hurting my own life and all the people that love me.

I forgive the people that have hurt me and that has looked down on me while I was on this journey.

I ask for forgiveness from everyone that I hurt and I now wrap myself in the Light of Christ love.

Negative entity that invaded my Body Temple, I banish you away with the light of my grace. You have no hold, you have no power here, for I take my stand and face you with no fear. Addiction, be gone forever for this I say, I AM God's Holy Temple and you will obey. I Decree and I Declare that my body, mind and soul is cleansed of all heaviness, addictions, craving and negative energies. I Decree and I Declare only the Spirit of God and it's love lives on the inside of me and manifest itself through me right now and forever more.

**AFFIRM:**

I AM now healed, delivered and free. I Am now living in a state of Victory, Harmony, Love, Happiness, Divine Health and Right Action in my body, mind and soul.

And so it is!

