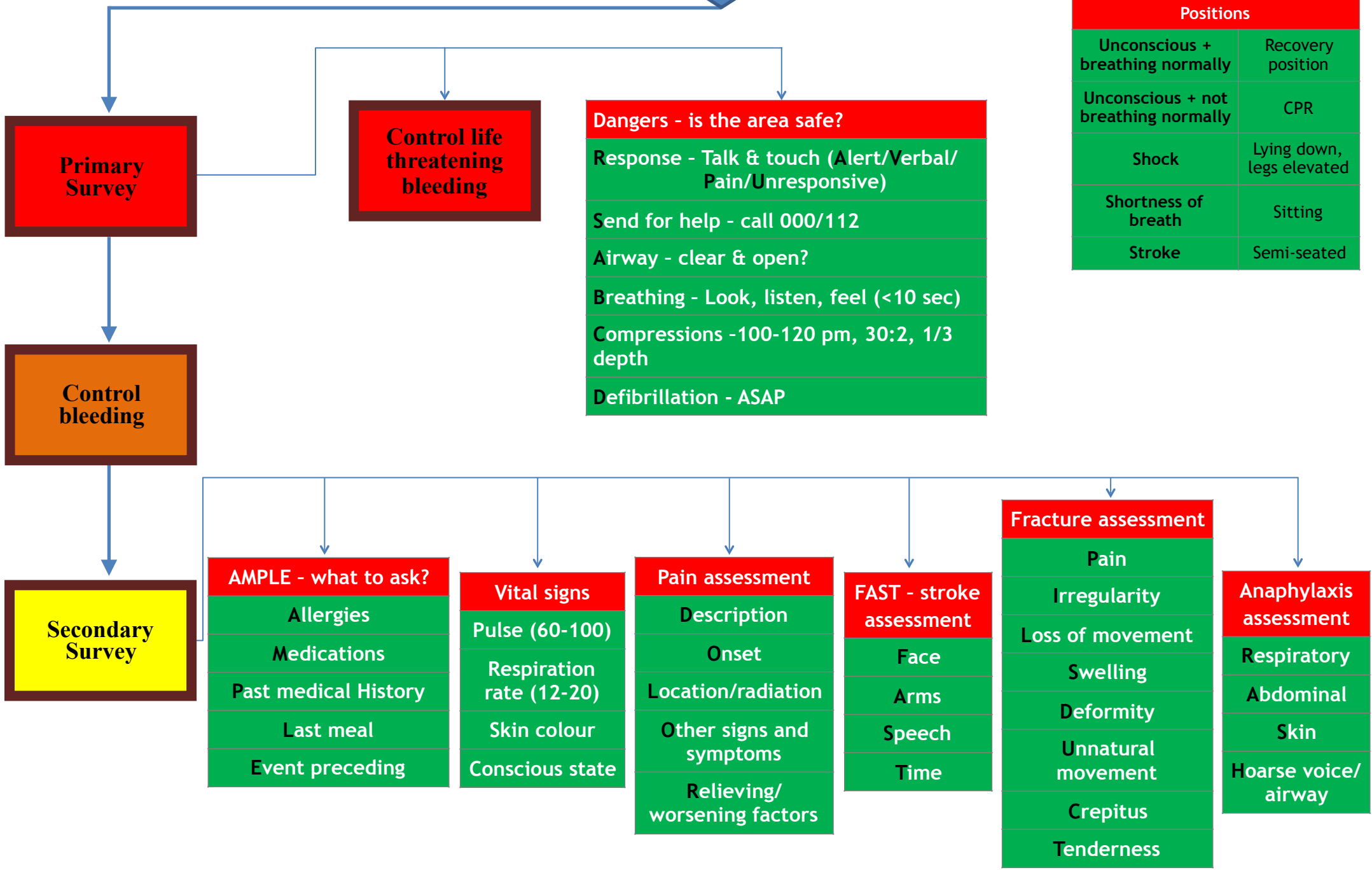


Standard approach



Primary Survey

Control life threatening bleeding

Dangers - is the area safe?

Response - Talk & touch (Alert/Verbal/Pain/Unresponsive)

Send for help - call 000/112

Airway - clear & open?

Breathing - Look, listen, feel (<10 sec)

Compressions - 100-120 pm, 30:2, 1/3 depth

Defibrillation - ASAP

Control bleeding

Secondary Survey

AMPLE - what to ask?

Allergies

Medications

Past medical History

Last meal

Event preceding

Vital signs

Pulse (60-100)

Respiration rate (12-20)

Skin colour

Conscious state

Pain assessment

Description

Onset

Location/radiation

Other signs and symptoms

Relieving/worsening factors

FAST - stroke assessment

Face

Arms

Speech

Time

Fracture assessment

Pain

Irregularity

Loss of movement

Swelling

Deformity

Unnatural movement

Crepitus

Tenderness

Anaphylaxis assessment

Respiratory

Abdominal

Skin

Hoarse voice/airway

Positions	
Unconscious + breathing normally	Recovery position
Unconscious + not breathing normally	CPR
Shock	Lying down, legs elevated
Shortness of breath	Sitting
Stroke	Semi-seated