

# Purposeful Parenting LLC

## Monthly Report Form for Wraparound

Name of Youth: :

Jane Doe

Youth RID #: :

000000000000

Provider: :

John Doe

Dates of Service: :

12/2, 12/7, 12/10, 12/16, 12/17, 12/21, 12/22, 12/29, 12/31

Type of Service:

Habilitation

Units Billed:

97

Hours Billed:

24.25

### **State Needs and Strategies addressed during service:**

Needs::

1. Child needs to understand that rules and boundaries keep him safe.

Strategies:

Need 1.

Hab will help Child with positive feedback and guidance for improved behaviors.

1. Hab will expose Child to new activities and community programs/activities. (i.e. ARF, book clubs, Maring-Hunt library, art programs in the community).
2. Hab will help Child develop his friendship skills (and how to pick good friends), develop positive attention seeking behaviors, self-responsibility/accountability skills and skills to process and react to disappointment in an age appropriate way (help him to understand other ways to get his peers to respond to him other than picking on his peers).
3. Hab will attend school meetings and will keep on going communication with Child's teachers/school staff by phone/email when necessary to bridge home and school success for Child.
4. Hab will work on helping Child recognize his body's physical cues that are warning him that he is becoming angry/frustrated/anxious and help him process his body's cues and how to react to his feelings in a helpful way.
5. Hab will set up a morning routine, afternoon, and bedtime routines with a visible check off list for him to keep track of his responsibilities. (Time management skills)
6. Hab will help Child develop his work ethic and do his best and not rush through his chores, homework etc.
7. Hab will see Child before or after modified school day when it is in session for skill building sessions at home and/or in the community. (This will cover times when Child is suspended and she has sessions during normal school times).
8. Hab will meet with Child at home and out in the community. She will meet with him at least once a week for 2-3 hour sessions. Days and times may vary depending on hers and Child's schedules.

Description of activities completed::

I met with Child this month at home and in the community. Consultations focused on the following:

coached him to recognize body cues and how to listen to them to help him manage feelings.  
self-regulation skills when managing frustration during problem solving  
practicing understanding perceptions of what others say and do in order to avoid overreacting  
dealing with disappointment related to not getting what he wants when he wants it  
worked on improving defiant behaviors he demonstrates towards Parent  
understanding and demonstrating how his actions produces specific feelings in others (including his pets)  
practicing actions that demonstrate gratefulness  
continued giving him opportunities to practice patience and impulse control

self accountability

worked on improvements he needs to make to be more accountable for his actions instead of minimizing or blaming others  
recognizing body cues that are there to help him know right from wrong  
worked with Child to improve morning routine, keeping his room clean and organized, completing chores he knows he needs to do without being asked to do them  
process sessions related to Child's poor choices

work ethic

understanding and demonstrating how goals are reached by taking step-by-step approach during various activities we engaged in (in the community and at home)

he had increased behavior issues at school this month, but continues to complete all his work.

I engaged with Child on several activities where we had to reach goals we had set out to accomplish. He needs more practice with slowing down to give himself time to complete a task and minimize frustration when he doesn't get immediate results.

friendship skills/social skills

due to closures from Covid, there have been limited opportunities for Child to engage with peers in the community. I observed his interactions with peers when opportunities arose. He struggled at times to understand and demonstrate appropriate limits to playing/teasing. He required multiple redirections. He does well engaging with adults. He demonstrated good social skills most of the time (using manners without prompts, not interrupting while others are talking). Reports from Parent indicated Child struggled to engage with cousins during the holidays, as he was more interested in playing video games. He did well while with family friends at bowling outings throughout the month.

while in the community, I continued to model social skills for Child to follow. He continues to do well with this, requiring minimal prompts.

new activities

I exposed Child to a new skill this month: sewing. He did well demonstrating his best effort to learn this new skill and was able to make a Christmas present for Parent!

dealing with disappointment

several times throughout the month, I challenged Child in ways that would give him opportunities to practice dealing with disappointment and accepting limits. He continues to make progress in this area.

accountability

He struggled this month in seeing where his actions resulted in his consequences. He often blamed others, or had the wrong perception of situations.

Child improved on being aware when his behaviors should be followed by an apology. He demonstrated this several times throughout the month.

Child improved on being trusted to get himself ready for school in the morning when Parent's work schedule changed. He did well walking to and from school independently.

While at local stores, I gave him opportunities to practice staying within set boundaries and being accountable for social distancing regulations.

community activities

engaged with Child in the community to practice self-regulation, social skills, impulse control, dealing with disappointment, etc. He continues to do well not interrupting others and being patient during non preferred tasks.

Client's response to strategies:

Child continues to engage during consultations and is showing improvements. He continues to use the skills we practice. He had a few situations this month where he struggled with defiance at school, at home with Parent, and during our consultations in the community. He struggled with accountability at times, but overall continues to make improvements in taking responsibility for his actions and understanding how he controls whether he gets consequences vs. privileges. More work is needed with friendships and peer interactions, as he struggles to recognize limits regarding when being playful/teasing has gone too far. He continues to struggle with how he perceives things others do/say in response to his actions. He continues to need more practice with impulse control. He did well learning a new skill this month.

## **New Strengths or Concerns realized this past month for both the family and the youth**

Strengths: :

learned a new skill (sewing)

Concerns: :

The current Needs continue to be appropriate. No new needs were identified this month.