Praise Him with the timbrel and dance; praise Him with strings and dance; praise Him on the sounding pipes. Praise Him on the sounding cymbals; praise Him with the cymbals; praise Him with the resounding cymbals. Let everything that breathes praise Yah.

HalleluYah!
Psalms 150:4-6



Make Your Own Musical Tambourine (Timbrel)

Supplies Needed: Makes 2 tambourines!

- 2-7" Round embroidery hoops (you will need two so you can separate into matching sizes)
- 10 metal bottle caps, not smashed or dented (you can usually find these outside on the ground)
- 15 round metal washers
- 5 wide craft sticks (popsicle sticks)
- Roll of thin wire
- Felt or fabric
- Ribbon
- Beads, pearls, and flowers, glitter
- Glue gun and glue
- Pencil or pen
- Scissors
- Hammer and pliers
- Heavy duty sandpaper
- Long nail

And the sister of Aaron, Miriam the prophetess, took the timbrel in her hand, and all the women went out after her with timbrels and with dances. And Miriam answered to them, Sing to YAHWEH, for triumphing He has triumphed gloriously; He has thrown the horse and its rider into the sea.

Exodus 15:20-21

Instructions:

To prepare bottle caps:

- Sand the words and paint off of each bottle cap with the sandpaper.
- Remove the plastic lining on the inside of the cap to the best of your ability.
- Wash the bottle caps in hot water and dry them. You can also paint them at this time or just leave them the natural gold and silver as seen in the picture.
- With the pliers, pull out the edges of the cap so they fan out. Then turn the cap upside down on pavement and smash it flat with the hammer. Turn it over and smash it again. Repeat a couple of times until it is flat.
- Once flattened, place the sharp end of the nail in the center of the cap and with the hammer, pound it until it makes a hole.

To prepare the hoops:

- With the pliers, carefully remove the metal hardware that is on the top hoop. Don't worry about the holes, they will be covered with felt and you won't see them.
- Now match the hoops with each other so they are the same size. (The top hoop on embroidery hoops are always larger than the bottom hoop) This is why you need two sets of hoops. You can give the other tambourine as a gift to someone!

Spacers:

- Measure each craft stick to about 1 3/4" and mark with a pencil. Cut them with the scissors.
- Place the spacers equally around the inside of the hoops in five different places and mark the spots with a pencil. Don't worry if they are off a bit, again, the felt will cover any little imperfections. Once you know where they will be placed, glue the top edge to the top hoop and the bottom edge to the lower hoop. See example below.



Caps and Wire:

- Cut 5 pieces of wire (about 16" long).
- Between each spacer, wrap one end of the wire around the top hoop a couple of times tightly.
- Now thread a washer, cap, washer, cap, washer on the wire.
- Wrap the other end around the bottom hoop a couple of times and then thread back through the caps and washers. Pull it tight and tie the end of the wire. This will give it extra strength. If you have thicker wire, one time through the caps and washers is fine. See example below.





Once you have finished wiring the caps in place around the hoops, you can decorate with your felt, ribbons, flowers, beads etc.!

