



Leicestershire Recovery College

Available Online Courses February 2022

Involvement Opportunities within LPT

Thursday 3rd February
10:30am-12:00pm



This course is delivered by:



Caring for a Loved One with Mental Health Challenges

Thursday 10th February
10:00am-11:30am



This course is delivered by:



Understanding a Diagnosis of Psychosis and Schizophrenia

Friday 25th February
10:00am-12:30pm



This course is delivered by:



The Recovery College offers
a range of recovery-focussed educational courses
for people with lived mental health experience, their friends,
family, carers, and Leicestershire Partnership NHS Trust staff.

If you wish to attend a course, you will first need to enrol
as a student with the college, to do so.

0116 295 1196

LPT.Recoverycollege@nhs.net



www.leicspart.nhs.uk/service/leicestershire-recovery-college/