

CHR, INC.  
(CARING, HELPING  
AND RESTORING LIVES)

# The Caring Corner



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## Mary L. House, CEO

Meet Dr. Mary L. House and you're sure to walk away feeling encouraged, inspired, and even empowered to achieve your dreams. Mary's rich history includes overcoming poverty, nurturing a strong family, owning successful businesses, and helping husband and pastor Bishop Clinton House, Sr. build the congregation of Mountaintop Faith Ministries in Las Vegas from just 13 members in 1990 to more than 4,000. Today she is a successful businesswoman, family advocate, spiritual leader, motivator, and mentor, literally inspiring hundreds of women, thousands of families, and countless strangers regularly.

Mary's passion is to encourage and lift those in need by providing them with tools to achieve a life of self-sufficiency. In 1996, she co-founded the faith-based non-profit community organization CHR, Inc. (Caring, Helping and Restoring Lives) to help families of the unemployed and under-employed in Southern Nevada. CHR has utilized more

than eleven million dollars in federal grants and private funding to provide assessment, training, coaching, counseling, placement, and



support to help thousands of adult and dislocated workers find gainful employment and upward mobility. As a business owner with more than 10 years of experience, Mary has taught classes in people management, sales, goal setting, planning, money management, and other topics about managing a successful business. She currently serves as a member of the American Association of

Christian Counselors, National Association of Female Executives, and the Las Vegas Chamber of Commerce. Her philanthropic passion positively impacts the lives of all who encounter her. The Moms In Business Network has honored Mary House with its annual "Women's Advocate Award," and she received the Nevada Phenomenal Women's 2008 "Inspiring Phenom Award."

As "First Lady" of Mountaintop Faith Ministries, she leads by example and routinely teaches thousands on topics that foster individual spiritual growth. Dr. House holds two Honorary Doctorate degrees (Doctorate of Divinity and a Doctorate of Humanity) and has received numerous community service awards.

Mary and Clinton House have two children and two grandchildren.

## CHR & Clean Energy

Since 1982, Dr. Mary L. House has been intrigued by solar-generated energy. As her curiosity increased, she began to understand the planet by watching the National Geographic network. Dr. House stated that the National Geographic talks about everything

from climate change to saving the earth. She also began saving through solar energy by using LED light bulbs, smart thermostats, and energy-saving appliances. Dr. House is now "All-In" from purchasing energy-saving appliances to becoming an owner of a Hyundai Ioniq electric vehicle.

CHR, Inc., is in partnership with RenewNV, working closely with almost a dozen organizations to provide information in hopes that everyone will be excited about Clean Energy!

Read more about clean energy in this issue of the Caring Corner.

## Clean Energy and Electric Vehicles

Hybrid and plug-in electric vehicles (EV) can help increase energy security, improve fuel economy, lower fuel costs, and reduce emissions. Here are some low cost and future EVs.

### 9 Cheapest Electric Cars in 2020

- 2020 Tesla Model Y: \$49,990 | U.S. News Overall Score: 7.9/10
- 2020 BMW i3: \$44,450 | U.S. News Overall Score: 7.5/10  
- Used \$13,000-\$19,000
- 2020 Kia Niro EV: \$39,090 | U.S. News Overall Score: 7.6/10
- 2020 Hyundai Kona Electric: \$37,190 | U.S. News Overall Score: TBD
- 2020 Chevrolet Bolt: \$36,620 | U.S. News Overall Score: 7.8/10  
- Used \$17,000-\$22,000
- 2020 Tesla Model 3: \$35,400 | U.S. News Overall Score: 8.8/10
- 2020 Hyundai Ioniq Electric: \$33,045 | U.S. News Overall Score: 8.0/10
- 2020 Nissan Leaf: \$31,600 | U.S. News Overall Score: N/A  
- Used \$9,000-\$16,000
- 2020 Mini Cooper SE Electric Hardtop: \$29,900 | U.S. News Overall Score: TBD

### Future Electric Cars

- Ford Mustang Mach-E: Expected later in 2020
- Mazda MX-30: Expected later in 2020
- Nissan Ariya: Expected later in 2020
- Volvo XC40 Recharge: Expected later in 2020
- Polestar 2: Expected later in 2020

See the below links for more information on EVs.

<https://cars.usnews.com/cars-trucks/cheapest-electric-cars>

Facebook: <https://www.facebook.com/pluginamerica/videos/821641401916204/>

Twitter: <https://twitter.com/pluginamerica/status/1311381570792628224>

<https://plugstar.com/>

<https://www.carmax.com/articles/best-electric-cars>



## Meet the Sawyers

Tom and Kimberly Sawyer, standing at a charging station with their Tesla, Model (S) 75-D electric vehicle. Tom stated the 75 is the battery and the D indicates the Dual Motor. His Tesla is an all-wheel drive!



## Storyteller time...

There seems to be a misconception within the African American (minority) community when it comes to electric vehicles. I heard someone ask the question, “Why electric vehicles, why an EV?” Well, I’m glad you asked. To find the answer, CHR, Inc., went into the community seeking owners of electric vehicles (EVs) who could answer this question.

I spoke with Tom Sawyer, owner of a Tesla, Model S 75D EV. Tom said he has always been intrigued with technology and knew EVs were the future. About three years ago, he began doing his research on Tesla vehicles. He looked at the vehicle’s battery size, price, distance in driving, speed, and efficiency when using the heater vs. air conditioning (as the heater uses more battery). In doing his research, Tom found that the Tesla brand manufactured cars that looked good and would be something he would investigate in the future.

Having done his research, Tom went into a Tesla office one weekend during an event they were having. Following a test drive in a Model S, the salesman made an intriguing offer – take the car home and “live with it” for the weekend. The weekend flew by, and living with the car was different but enjoyable. Admittedly, the price was a hurdle that had to be addressed. This is where different math comes into play. When considering the price of an EV, the cost of charging and maintenance should be considered. In some situations, charging an EV at home results in zero added cost. That means money previously spent at the gas station can be figured into the total price of the car. When looking at things that way, the price of some EVs isn’t so intimidating. Once all the math was done, Tom purchased that Model S instead of giving back the keys!

When I asked Tom, “What did he see as the benefits of owning an EV?” He named several things: overall cost, safety, no oil changes, limited vehicle service (in the last 3-years, he’s only had to service his car two times), pre-starting the car in hot/cold weather and jumping right in, charging the car at home, and he laughed saying, “not having to go to the gas station!”.

Tom stated that he had to get use to his vehicle. “The big screen on the car was a bit intimidating,” he said, “but once you get use to an EV, you won’t go back”!

So, what would you say to the African American community who do not understand EVs? There is a misconception that you will not be able to charge your EV and that your vehicle will run out of power on the highway. This can be avoided by a new way of thinking and pre-planning. Like gas stations, there are charging stations in cities and along highways as more popping up all the time. Vehicles powered by electricity is the future, and fortunately for us, the present.

It was good talking to you, Tom & Kim Sawyer, and thank you for sharing your story with the CHR, Inc. readers.





*CHR, Inc., began 2020 with their monthly Empowerment Workshops. Who would have imagined that they would have to move from gathering in a room to gathering on Zoom? CHR was still able to provide participants with vital and valuable information to help them amid a pandemic.*

## February—Economic Empowerment

Rhonda Jackson is dubbed as a “Financial Guru.” She has been instrumental in helping lead people on their financial freedom & opening people’s eyes to ways to achieve it. Her infectious personality allows her to introduce people to things they have not heard of in the financial market. Her desire not to leave any family behind gives her the fortitude to work with people to achieve their financial dreams.

On February 13th, she truly enlightened all who attended her Economic Workshop as she talked about financial literacy and gave participants financial assignments to set goals, save money, and make investments.



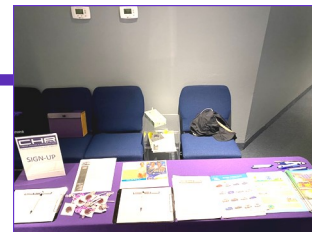
## March—Effects of Emotional Abuse

Emotional abuse is just as serious as physical abuse and often precedes it. Sometimes they happen together. The long-effects include anxiety, chronic pain, guilt, insomnia, and social withdrawal or loneliness.

Lady Jennifer Thomas spoke to the heart of the women as she gave her testimony on emotional abuse. She told the women not to allow emotional abuse to define them but to look within themselves and realize who they truly are: strong, vibrant, beautiful women. Thank you Lady Thomas for your powerful testimony.



Photos (top-bottom): Rhonda Jackson speaking at the first workshop of 2020; the new CHR banner; and, First Lady Jennifer Thomas speaking at our March Workshop.





## Black Women's Roundtable Uniting for Change

On a Thursday evening in February, at the Eclipse Theaters, several special guests gathered for a round table discussion entitled Black Women's Roundtable Uniting for Change -- *The Black Agenda and Call to Action Economics-Education-Health Care-Social Justice*. Senator Pat Spearman and several 2020 Presidential Candidates also spoke at the event. The event was sponsored by the Horizon Ridge Wellness Clinic in association with the AP Leadership Institute.



**Panelist (left-right):** Hannah Brown, Tami Wilburn, Dr. Linda Young, Nicole Williams, LA Walker, and Dr. Mary L. House.

**Top photo:** Dr. Mary L. House and MC Dr. Greta Peay ~



## May - Developing A Safety Plan/ The Power & Control Wheel

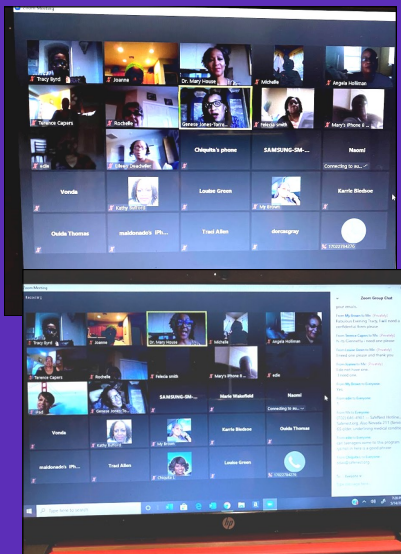
In March and April, the US was in an adjustment period as COVID-19 caused social media to become the means of communication. Dr. House did not stop hosting workshops and began to use Zoom to communicate to the CHR, Inc. volunteers.

Genese Jones-Torrence, Vice President of Crisis Management at SafeNest was our May 14th Guest Speaker. SafeNest has experienced a 21% increase in hotline phone calls. They provide a Safety Plan for women going through domestic violence.

### How do I get into the confidential SafeNest Shelter?

Admission to the shelter starts with a call to the Crisis Hotline (702-646-4981) and completing a confidential phone interview. If it is determined the SafeNest shelter program will be providing shelter to you, a pre-determined safe meeting location will be given. In some situations, you may be given other shelter resources to provide your shelter needs. The shelter provides not only the necessities but emotional, therapeutic, and advocacy support for victims of domestic violence.

**24-Hour Hotline: 800.799.SAFE (7233) or (702) 646-4981**





## June—Self-Care (What Does It Mean to Take Care of Me?)



CHR, Inc., June topic presented by Clinical Social Worker/Therapist (LCSW) Sandra Abdullah spoke on *Self-Care in the Midst of...* was an exceptional workshop as Sandra Abdullah turned the tables on the participants. She went beyond women pampering themselves and straight to the issues within them. The participants looked within themselves and identified the issues that have tried to overtake their lives. She gave each participant tools to improve their lives.

To find out more about Sandra Abdullah ~

<https://www.psychologytoday.com/us/therapists/sandra-l-abdullah-las-vegas-nv/116261>



## July—Domestic Violence and the African American Male

On July 9th, CHR, Inc., held its monthly Zoom Empowerment Workshop. Its' guest speaker, Deione Cox, gave CHR, Inc., a different perspective. Deione was an abuser to his first wife. He provided workshop participants first-hand information about how he as an abuser thought and felt during that time. Deione was very clear that his actions were wrong and that he never could believe he was "that guy." CHR, Inc., has never held a workshop from a former abuser's point of view. Deione was able to get the help and spiritual guidance he needed to change his ways. He spoke on how his relationship with God has allowed him to renew his relationship with others. Deione and his new wife Dana have three children.

## August—Virtual Conference

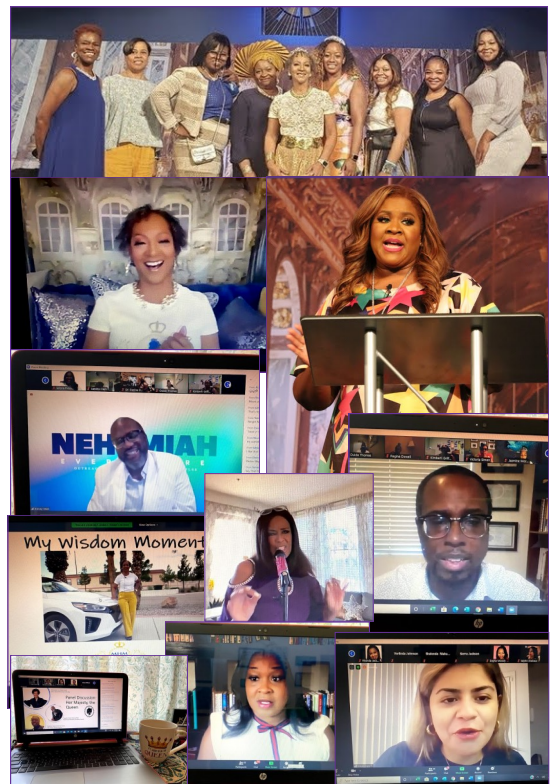
There was an excitement in the airwaves as women gathered online to participate in the 2020 W3 Conference. Mountaintop Faith Ministries First Lady Dr. Mary L. House and her eight committee members were ready to welcome over 200 ladies and guest speakers to the virtual event held August 6-7, 2020.

The conference kicked off with an Ice Cream Social. Dr. House on Conference purpose; Evangelist A'ngela Winbush blessed participants with a song, ladies played some fun games, and Dr. Stacia Pierce popped in as a special guest.

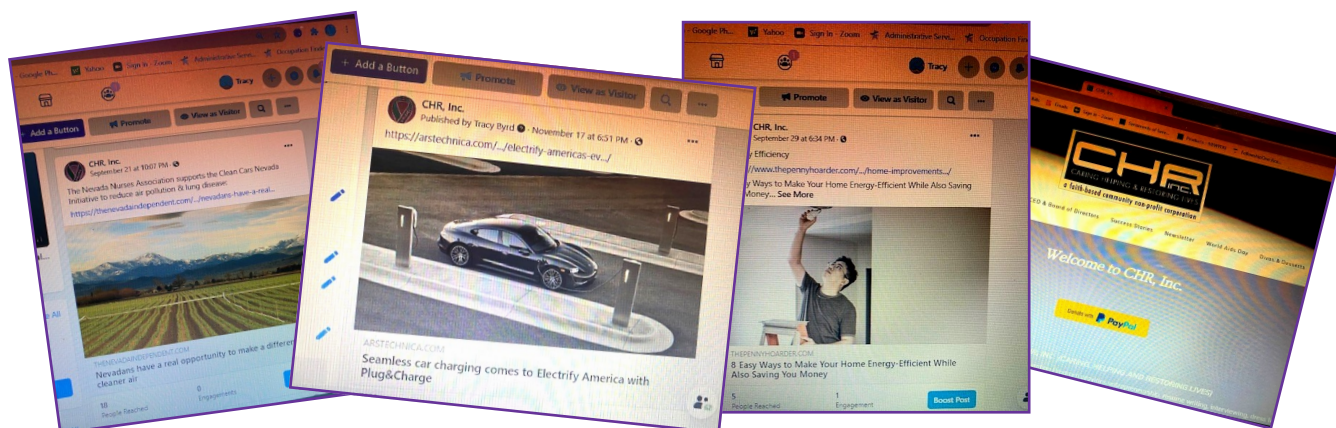
On Friday morning, the ladies entered in for prayer with Victoria Simon, a welcome from Dr. House, and various guest speakers: Clean Energy with CHISPA Alexa Aispuro, Electric Vehicles presentation from Dr. House, and Financial Empowerment with Minister Rhonda Jackson.

Kleenex's were required for the afternoon session as Dr. House introduced guest speakers The Power Center Pastor Anthony Harris and Nehemiah Ministries' Pastor Kelsey West. Each spoke on *Finding the Hidden Queen in You* and gave *The Apology Declaration* ~ "On behalf of men who hurt you, please forgive us." You could see women wiping their eyes as the Pastors released the Queen in each woman in attendance. The session closed with a Q & A.

The Conference culminated with Dr. Stacia Pierce. Her powerful and anointed words encouraged and empowered every woman to walk in their authority as a Queen!



Join Us on Facebook — @CHRINCNV or our website — <https://chrinc.net/>

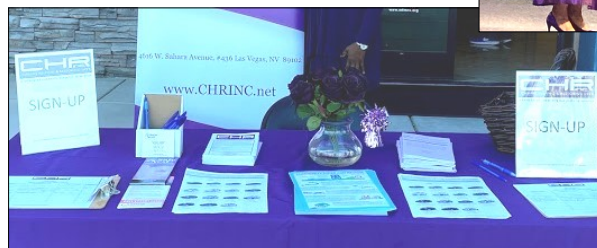


## OCTOBER—Pink & Purple Worship Service

October is Breast Cancer and Domestic Violence (DV) Awareness Month. Every year CHR, Inc., partners with Mountaintop Faith Ministries to bring awareness to these causes. MFM First Aid Ministry and CHR, Inc., handed out information, and breast cancer survivors wore satchels'. Dr. House shared breast cancer and domestic violence statistics to over 300 congregants in attendance and 100's viewing on Livestream throughout the World.

CHR, Inc., platform is to bring awareness to Domestic Violence and to provide information on Clean Energy. National statistics indicate that on average nearly 20 people per minute are physically abused by an intimate partner. In one year, this equates to more than 10 million women and men. Approximately 15.5 million children are exposed to domestic violence every year. DV affects all Americans, regardless of race, gender, or socioeconomic status. Nevada ranks 4th in the Nation for DV fatalities.

Electric Vehicles are a part of the Clean Energy movement. Plug-in electric vehicles (also known as electric cars or EVs) are cool, exciting, and practical. They can reduce emissions that contribute to climate change & smog, and saves money! CHR, Inc., is excited about the purple and green, bringing awareness to domestic violence and clean energy.





# CHR, Inc, & RENEWV

## CHR & RenewNV Coalition

CHR, Inc., is a member of the RenewNV Coalition, which partners with various organizations working toward clean energy in Nevada. The Coalition believes Nevada can and must be at the forefront of leading other States into clean energy initiatives.

## 2020 NV Clean Energy

A shift to renewable energy will give us healthier, more vibrant communities right now and a more livable future for our kids and grandchildren. But it'll take many of us to come together toward this common goal. We desire to highlight a range of voices from across the country who share our goal of shifting to 100% renewable energy. We hope you'll be inspired to join us.

## NV Senate Bill 358

Nevada passed a bill that would require the State to generate 50% of its electricity from renewable resources by 2030 and aim for 100% carbon-free resources by 2050.

- ◆ Senate Bill 358 passed the State Assembly and Senate unanimously.
- ◆ Nevada voters passed a ballot initiative during

midterms, which would have put the state under the same requirements, and the initiative had to pass again in 2020.

Current state law, which held Nevada to a 25% by 2025 renewable portfolio standard (RPS), only included the state's monopoly utility NV Energy. Now, the bill will include all electricity providers, including electric cooperatives and retail power marketers!

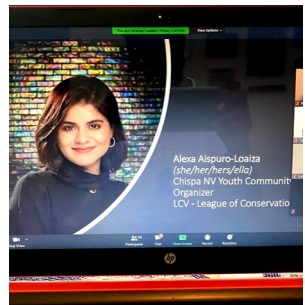
<https://www.utilitydive.com/news/nevada-passes-bill-for-50-renewables-by-2030-100-carbon-free-by-2050/553138/>

## Clean Energy Laws Passed by the 2019 Legislature

- AB54 Energy Efficient Light Bulbs.
- AB377 Electric Semi-Trailer Truck Weight Exemption—
- AB465 Expanded Solar Access
- AB 483 Vehicle Mileage Data Collection
- SB254 Carbon Reduction Plan
- SB 299 Electric School Bus Funding
- SB 358 Renewable Portfolio Standard.
- SCR3 Electric Vehicle & Infrastructure Study



If you would like to learn more about the Clean Energy Initiative, visit: CHR, Inc. website at ~ <http://www.chrinc.net> or email: [drmlhouse@chrinc.net](mailto:drmlhouse@chrinc.net).



(Top-Bottom): CHSPA representatives Rudy Zamora and Alexa Aispuro-Loaiza and CHR, Inc. CEO Dr. Mary L. House presenting Clean Energy information during 2019 & 2020 W3 Conferences. Dr. House, enjoying her Ioniq electric vehicle.

## Looking to 2021!

CHR, Inc. appreciates and is grateful for every partnership, donation, and volunteer support throughout 2020! CHR, Inc. would especially like to thank the CHR Empowerment Workshop and Call Center volunteers who have donated their time and talent. If you have any questions, comments, or you would like to donate to CHR, Inc., please go to the CHR, Inc. website at [www.chrinc.net](http://www.chrinc.net). God bless you, and we hope to see you in February 2021.





a faith-based community non-profit corporation

4616 W. Sahara Avenue  
Suite 436  
Las Vegas, NV 89102  
Phone: (702) 908-5753  
Fax: (702) 974-1815  
Email: [drmlhouse@chrinc.net](mailto:drmlhouse@chrinc.net)  
[www.chrinc.net](http://www.chrinc.net)

Dr. Mary L. House  
Chief Executive Officer

Board of Directors

Clinton House, Chairman  
Aubrey Branch, Vice Chairman  
Sylvester Mitchell, Treasurer  
Richard Burrus, Jr., Secretary  
Kevin Boyd, Board Director  
Victoria Simon, Advisor

## Welcome to CHR, Inc. (Caring, Helping and Restoring Lives)

### OUR VISION IS:

To assist under-employed and unemployed adults with employment opportunities that lead to a lifestyle of self-sufficiency and to improve our well-being through clean energy by providing renewable energy information and resources.

### OUR MISSION IS:

To bring hope, help, and healing to victims of domestic and sexual violence through the love of Christ, counseling, education, and services. The individuals participating in this program will need combining and continued economic empowerment, case management, recovery services, and advocacy to help them maintain healthy, nurturing, and violence-free lifestyles. Our mission is also to provide information and resources regarding clean energy through our NV Clean Energy Initiative and information and resources for HIV/AIDS.

### OUR DOMESTIC VIOLENCE & CLEAN ENERGY PROGRAMS:

CHR Inc's Culturally Specified Domestic violence Prevention Program provides entrepreneurship, resume writing, interviewing, and dressing for success assistance and victim advocacy services for families who are victims of domestic and sexual violence. CHR, Inc., has expanded its organizational vision to include Renewable Energy as we partner with programs generated by the RenewNV.

### FUTURE PROGRAMS—Phebe's Homes

Is a low-income housing development program with the following Mission: To provide a housing development which will nurture individuals by providing financial counseling to promote debt-free living, providing case management to tenants which will assist them in upward mobility in the workforce.

# The Vision of CHR, Inc.

### Target Base

CHR, Inc.'s target is adult African-American men and women. Men and women who seek to better their lives through employment, training assistance, job preparation, childcare, healthcare, transportation & food vouchers. Our target is also to those desiring a clean and healthy environment through renewable energy.

### Future Plans

CHR, Inc., has expanded its organizational vision from assisting under-employed and unemployed adults to also assisting Domestic Violence survivors, Renewable Energy, and HIV/AIDS. With expansion brings expenses; therefore, CHR, Inc. is seeking funding that will allow the organizational growth to be housed in a facility conducive to its growth.

CHR, Inc. plans to employ a staff that is ready and able to meet the needs of those seeking the priceless tools CHR, Inc. has to offer and to empower volunteers to assist.

### How Can I Partner With CHR, Inc?

This faith-based organization, CHR, Inc, is continually seeking Corporate sponsorship as well as In-Kind donations that will allow the vision of CHR, Inc. to move forward.

### Contact

Dr. Mary L. House  
Phone: (702) 908-5753  
Fax: (702) 974-1815  
Email: [drmlhouse@chrinc.net](mailto:drmlhouse@chrinc.net)  
[www.chrinc.net](http://www.chrinc.net)

Feel free to go to the above website and take advantage of our [Secure Online Support service through Paypal](#) and [give a tax-deductible donation](#).

*On behalf of the staff at CHR, Inc.,  
we hope you enjoyed the newsletter.*

*To not only be queens for a day but  
TO BE QUEENS FOR A LIFETIME!*

