



5 STEPS TO SPIRITUAL AWARENESS WORKSHEET

Step 1 - Do you have a victim mentality?

This experience happened **TO ME**.

Write Your Story from this perspective.

Step 2 - I Attracted this into my life.

This experience happened **BY ME**.

Rewrite the same story from this perspective.

Step 3 - Something wonderful has happened.

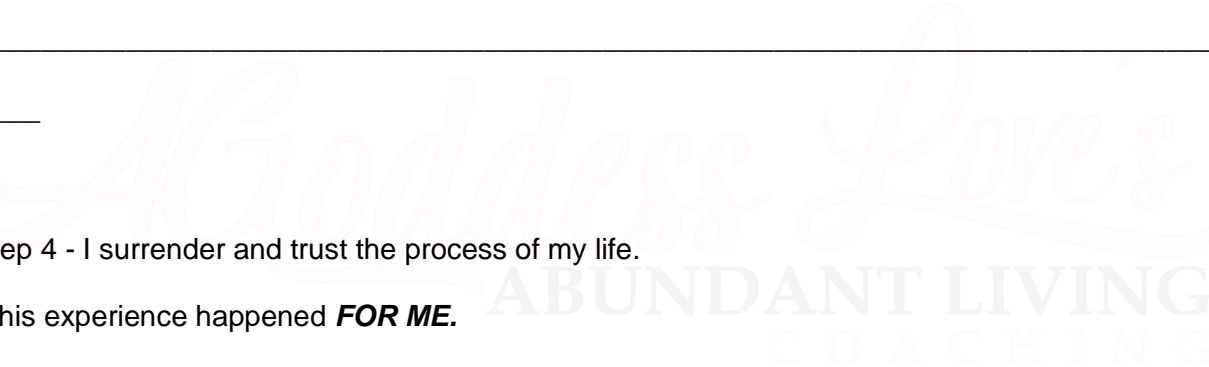
This happened **THROUGH ME.**

Rewrite the same story from this perspective.

Step 4 - I surrender and trust the process of my life.

This experience happened **FOR ME.**

Rewrite the same story from this perspective.



Step 5 - I am not separate from God.

This experience happened **AS ME**.

Rewrite the same story from this perspective.

