

Prayer to Release Negative Energy from your home

Instructions: Take a deep breath. Breath in through your nose for 5 seconds and exhale through your mouth for 5 seconds. Do this 3 times releasing all thoughts and heaviness in your mind and body. Now, Visualize and surround yourself in a big bubble of Christ Light for protection.

Now, Take your sage and burn it. Go through each room and say this prayer while smudging your atmosphere. Be sure to open all windows while you are smudging and praying.

Infinite Spirit,

You are Omnipresent, Omnipotent and Omniscient. I thank You for who You are and how You manifest Yourself in, through and around me. Thank you for the leadership and guidance of your Holy Spirit and the Great Angelic Host and for assisting me in this prayer.

Negative energy that invaded my sacred space, I banish you away with the light of my grace.

You have no hold, you have no power here.

For I take my stand and I face you with no fear.

Be gone forever, for this I say.

This is my sacred space and you will obey.

Infinite Spirit, I take my stand and decree my home is cleansed of all heaviness or negativity. I decree the loved ones that reside here are NOW brought into a state of peace, love and harmony; in our bodies, minds and spirits. May we be grateful for our time together, appreciate each other for our differences and love each other unconditionally.

And so it is! Amen