



NEWSLETTER

QUARTERLY - Vol 1

Executive Committee

President

Mr. Zakir Akbar

President - Elect

Mr. Amir Chaudhary

Treasurer

Mr. Muhammad Ali

Secretary

To be appointed

Program Directors

Literature and Culture Promotion

Prof. Nahyan Fancy

Editor /Academic & Youth Affairs

Dr. Rafat Siddiqui

Media and Public Relations

Dr. Waqar Mahmud

Mailing Address

PAFA

P.O. Box: 486

Zionsville, IN 46077

From The President's Desk

On behalf of the PAFA executive committee 2017, I would like to thank the Pakistani community for giving us an opportunity to serve them. As you perhaps know, this executive committee has taken charge in a very difficult situation where members are almost losing trust in PAFA, and we are in a deep financial crisis. We have accepted these positions in the greater interest of the community and to revive this organization. I sincerely request everyone to leave our differences aside, forget the events of the past-year, and move-on to make a better Pakistani-American community in Indiana.

For the last several weeks, I am working with our volunteers towards some very exciting events and programs. For this purpose I have requested some volunteers to take up roles as Directors of various programs to best serve the interest of our community at all levels. You will also find a tentative list of events that we are proposing for this year. I request everyone to get involved and feel free to contact the members of the Executive Committee and/or the Program Directors, if you have any suggestion to improve these events.

Our success depends on your participation. I, therefore, request everyone to please complete your membership form [on-line](#) and pay your dues to help re-energize PAFA. We have planned a "Meet and Greet" event to kick-start PAFA-2017 activities and request your participation. You will get a chance to meet everyone and hear from members of the executive committee and program directors. You will also get a chance to ask questions and make suggestions. I look forward to personally welcoming you to this event.

COMMUNITY NEWS



New Comers

- ✦ Najam and Uzma Kazmi: Moved from Cleveland, OH with sons Dawood and Yusuf and a daughter -Shafa. Currently living in Carmel.

Leaving Indiana

- ✦ Tahir Suddle , a long time PAFA member, moved to Arkansa, Kansas. We wish him best of luck for the future.

Birthdays

- ✦ Zain Akbar - 3/24
- ✦ Dawood Kazemi - 5/15
- ✦ Najam Kazemi - 6/2
- ✦ Arsalan Siddiqui- 6/27

Engagement /Weddings

- ✦ Daniyal Habib son of Moazam and Shehla Habib married to Areeba Ghouri daughter of Salman and Ruby Ghouri on Dec 23 2016 in Indianapolis.

Achievement & Award

- ✦ Hira Ashraf: Won T-shirt design competition from As-Salam Foundation.
- ✦ Ali Hasan won a debate on "International Geopolitics" at the Univ. of Chicago IL.

INDIANA PULSE

Dr. Waqar Mahmud

Indiana is a special place, because it is not only our home, but it's a "Crossroads" of America, and in this context it accurately portrays what is going on in our society and in our country. Empirically speaking, every time when the New Year begins, time proceeds slowly. We feel the first few weeks, or the first month or so unraveling out like a big roll of carpet, slowly but surely. People then begin to warm up gradually and things start to fall in place as the New Year gains momentum. However, the start of 2017 was much different than the several previous years, because it began with little angst and quite a few apprehensions. If these eyes could talk then they are gushing with questions. The restless atmosphere in the country, the national and international political, and economic challenges have made us all a bit concerned.

But an interesting phenomenon occurred in the midst of the roller coaster events and that too in a magnanimous way. It was the expression of the care, the concern, and the help that all the men, women, youth, and children of our Great State of Indiana extended out to each other, in a very selfless way. To their credit it showed solidarity and support to and for each other. And the wonderful part is that these acts of sisterly and brotherly love were not just lip service but actual acts of kindness done in a very meaningful way. The zest and the outflow of humanity in support of civil rights for all of us came from every nook and corner despite the obvious differences in ethnicity, religious background, or political views of fellow citizens. This experience of living to see it up close and personal was good enough for all the Hoosiers, if not downright perfect. This is the pulse that I felt in the last few months and wanted to share with you all.

Obituary

Give glad tidings to those who patiently endure, who say when afflicted with a calamity: "To Allah we belong and to Him we return." They are those on whom (descend) blessings and mercy from their Lord, and they are the ones who receive guidance. (Quran Surah Baqarah 2:155-157)

- ✦ Mohammad Lateef Baig, father of Qaiser Baig, passed away in Michigan in January. May Allah reward him the highest place in the Paradise. Please pray for his forgiveness.
- ✦ Mother of Tajwer Osmani, Nusrat Naseem, passed away in February in Pakistan. May Allah reward her the highest place in the Paradise.

Public Events

- ✦ 3/16-Sultan and Saint- Free Movie at Marion University Auditorium. 7:30 PM
- ✦ 3/27-Muslim Day at Indiana State House -Organised by MAI
- ✦ Fri. 4/14 PAFA Kick-off event.
- ✦ 5/26-Ramadan

New Businesses

Biryani House: Authentic Pakistan-Indian Cuisine, located at 4869 W 38th Street, Indianapolis, IN 46254

Al-Rayan Restaurant: Mediterranean Cuisine, located at W 38th Street, Indianapolis, IN 46254

Introduction to PAFA Executive Committee

President: Zakir Akbar, married to Dr. Saira Waheed with two sons, Taimur and Zain. They have been living in Indiana since 2001. Zakir also served as a President PAFA - 2014.

Background: Information Technology.

President-Elect: President-Elect: Amir Chaudhary, married to Zubia Amir with two daughters, Aysha, Amna, and a son Usmaan. He moved to Indiana in 2008.

Background: Business, IT and Real Estate.

Treasurer: Muhammad Ali, married to Kashifa Ali with three daughters, Amna, Eiman and Aman. He moved to Indiana in 2012. Currently, he is also serving as a treasurer of a local not-for-profit organization.

Background: Accounting & Finance.

General Secretary: To be named.

Musical Night with Alamgir



We are honored to announce that the great legendary singer, **Alamgir**, will be performing at **PAFA Eid-Milan Party** on July 1, 2017. Alamgir is considered as one of the pioneer of Urdu pop music. He started singing on the

Pakistan Television in 1973 for the first pop musical program 'SUNDAY KE SUNDAY', with the song Albela Rahi. The song soon became a great hit. He has countless number of awards including "Nigar Award" in 1977 for Movie "Aaina" and "Pride of Performance Award" in 2013 by the President of Pakistan. He currently resides in Atlanta, Georgia.

**Free Health Clinic in
Indianapolis-coming
soon!**

Members of Pakistani community, including several physicians, are part of a newly established "Hoosier Crescent Foundation," a non-profit organization to provide free health care to the people of the Greater Indianapolis region. This program is going to be operative within next few months, and initially it will be located at Masjid U.L Momineen. The foundation is currently recruiting volunteers and physicians. Please contact Dr. Asif Ansari, (317)523-1101 or dumloti@aol.com, if anyone interested in this opportunity to give back to our community and country.

**Contribution to
Newsletter**

We request all PAFA members to help us update the Pakistani community information. . Please send us information for newcomers to Indiana/families leaving Indiana, New babies born/community member passed away, birthdays, graduations, weddings, achievements and awards, and other social activities. Information can be sent to info@pafaindy.org or feel free to call at (317)459-2814. Last date to submit your articles is May 10th.



Youth Corner

(The purpose of this section is to engage our community to highlight youth issues. Parents and youth are invited to contribute to this section. Your thoughts, ideas, and past experiences may help someone progress in the right directions)

Issues Faced by Pakistani Youth in USA.

Dr. Rafat Siddiqui, Editor

American youth in Pakistani families face different challenges than those were born and grew up in Pakistan. In Pakistan, most of the families still live in a joint-family system, where you have extended-family support system including grandparents, uncles and aunts, and cousins. In addition, the relatives live close-by and often visit unannounced on a regular basis. In USA, most families typically consist of parents and kids only, but a few also live with their grandparents. This default system has evolved because the circumstances of living in USA are different than those in Pakistan. Even with limited family support, the majority of our youth are mentally more mature than their parents think. However, they are still treated by their parents just as kids. This may be partly what we have seen and practiced in Pakistan that until you are married and have kids, your parents still pamper you like a kid even though you may have taken a lot of responsibilities on your own shoulders. However, the youth in USA, as young as 12, do not consider themselves to be too young to be pampered, and often parents think that they are not supposed to be old enough to take responsibility on their own shoulders. This some times results in a lack of confidence in them, especially when they move out to college or take a job out of town and live by themselves. Some of these boys or girls do not even know how to iron their clothes, do their laundry, clean dishes, or cook. Are we helping them or hurting them by not giving them responsibilities early in their lives? Should we start giving our kids more responsibilities? When is the best time and best way to approach this issue? We would like to get your opinion from your personal experience, especially from our youth. Please send your comments to info@pafaindy.org for inclusion in the next newsletter. **We would also love to hear about other youth issues that they face by living in two cultures; you can be anonymous.**

We and Our Culture

Zain Akbar ,
Senior, Carmel High-school

Growing up in America I have come in contact with many different cultures and learned a lot of different things about how people were raised and the type of ideals many different people have. They are raised with the ideals their parents had in their homeland, and some of the ideas brought up from living in America for so long. This leads me to believe that it is a good idea for children to be brought up with ideals from their parent's country because it is their heritage and with the ideals of the American culture because that is the society they are growing up in and most likely will be living in for the rest of their lives. Culture is more than just a way of doing something. It is who you are, and it is what shapes you, it is what makes you the person you will become and will affect the way you change the world in the future. So, when it comes to raising children, it is important to make sure you instil in them the ideals and culture of someone you want them to become and who you think will make a true difference in this world.

Urdu Corner

Prof. Nahyan Fancy

If you are a writer yourself, we would encourage you to share your work with the rest of this community through this corner. You may also share the work of famous Urdu published poets or even short-story writers or novelists explaining why that specific work and/or artist appeals to you. Please send your submissions to nahyan.fancy@gmail.com. To begin this corner, I am sharing some couplets (ash'aar) from a ghazal I composed a decade ago.



*raat bhar hotaa hai charchaa aangan aangan chaand kaa
roshnii suuraj kii lekin naam roshan chaand kaa*

رات بھر ہوتا ہے چرچا آنکن آنکن چاند کا
روشنی سورج کی لیکن نام روشن چاند کا

*go hazaaro.n aashiqo.n kaa suntaa hai woh dil kaa haal
jaan kar par dard meraa bhar gayaa man chaand kaa*

گو ہزاروں عاشقوں کا سنتا ہے وہ دل کا حال
جان کر پر درد میرا بھر گیا من چاند کا

*main bataataa hoon tumhen kyaa hai mataae-aashiqaa.n
ik sabuu tasveer-e-jaanaa.n aur daaman chaand kaa*

میں بتاتا ہوں تمہیں کیا ہے متاعِ عاشقان
ایک سب سے تصویرِ جانان اور دامن چاند کا

*umr-e-naadaanii men mujh se maangte tum saada dil
ab kahaa.n se laaungaa Nahyan main man chaand kaa*

عمرِ نادانی میں مجھ سے مانگتے تم سادہ دل
اب کہاں سے لاؤں گا نہیانی میں من چاند کا

Inspirational Quote

Sameen Siddiqui

Sophomore, Carmel, High School

“Opportunity is missed by most people because it is dressed in overalls and looks like work.”

– Thomas A. Edison

Book Corner

(In this section we ask members to share your views on a book they have recently read, written by a Pakistani author and it is about Pakistan)

Broken Verses

Dr. Saira Waheed

This is an amazing book written by a young Pakistani Author, Kamila Shamsie. The story is set in present day Pakistan under military dictatorship. For the readers who have kept a keen eye on Pakistani politics it does not take long to identify the characters as real life poets and political activists who were tortured and persecuted during those times. The main character is a daughter searching for her political activist mother who disappeared more than a decade ago. The book is an imaginative character-driven novel of family love, and loss and grief, at the same time enlightening the reader about the atrocities that continue to be committed right in our midst by the ruling classes. Along the melancholy theme of the book, there are moments when it is delightful to read about the popular sites of Karachi that stir nostalgic memories.

Ms. Shamsie is a young writer who was born and raised in Karachi. She is a daughter of a journalist and editor, Muneeza Shamsie. Some of her other works are In “the city by the sea”, “Salt and Saffron” and “Kartography”.



For your Laughter

(Members: Please contribute an interesting story or a joke to bring smile to everyone)

INSTALLING HUSBAND!!! (A woman writes to the IT Technical support Guy)

Dear Tech Support,

Last year I upgraded from Boyfriend 5.0 to Husband 1.0 and I noticed a distinct slowdown in the overall system performance, particularly in the flower and jewelry applications, which operated flawlessly under Boyfriend 5.0.

In addition, Husband 1.0 uninstalled many other valuable programs, such as: Romance 9.5 and Personal Attention 6.5, and then installed undesirable programs such as NEWS 5.0, MONEY 3.0, and CRICKET 4.1. Conversation 8.0 no longer runs, and Housecleaning 2.6 simply crashes the system.

Please note that I have tried running Nagging 5.3 to fix these problems, but to no avail. What can I do?

Signed,

Reply

Dear Madam,

First, keep in mind, Boyfriend 5.0 is an Entertainment Package, while Husband 1.0 is an operating system. Please enter command: `ithoughtyoulovedme.html` and try to download Tears 6.2 and do not forget to install the Guilt 3.0 update.

If that application works as designed, Husband 1.0 should then automatically run the applications Jewelry 2.0 and Flowers 3.5. However, remember, overuse of the above application can cause Husband 1.0 to default to Silence 2.5 or WATCHSPORT 6.1. Please note that WATCHSPORT 6.1 is a very bad program that will download the Snoring Loudly Beta.

Whatever you do, DO NOT under any circumstances install Mother-In-Law 1.0 (it runs a virus in the background that will eventually seize control of all your system resources.)

In addition, please do not attempt to reinstall the Boyfriend 5.0 program. These are unsupported applications and will crash Husband 1.0.

In summary, Husband 1.0 is a great program, but it does have limited memory and cannot learn new applications quickly. You might consider buying additional software to improve memory and performance. We recommend: Cooking 3.0 and Good Looks 7.7.

Good Luck Madam!

Three Tiered Plum Dessert

Cook Time - 1 Hour

Ingredients



Plum Compote:

12 red flesh plums
4 Tbsp white sugar
8 Tbsp jaggery (gurr)
3 cloves

Besan Halwa Biscuit:

1 cup gram flour (besan)
Maida (all purpose flour)
1 Tbsp sugar
3 Tbsp butter
Few almonds, grated
Ghee, for glazing

Cardamom Pista Cream:

1 cup milk
Sugar, Gurr (Jaggery)
1 egg yolk
8 Strands Saffron
6 green cardamom seeds, lightly crushed
4 pistachios, grated
2 cups double cream

Method

For Plum Compote:

1- Chop plums into a pan on a medium high flame with skins on. Add in the sugar and gurr, add 1 cup of water and bring to a boil. Add in cloves.
2- Once water is almost evaporated, add in another 2 cups and leave to cook further. You should be left with a thick syrup which does not fall off the back of a spoon.

For Besan Halwa Biscuit:

1- Mix besan with maida, sugar, butter and grated almonds. The mix should be sticky but should hold together.
2- Make biscuits and place gently onto a baking tray. Glaze with a little ghee for color and place in the oven at 200 degrees for 12-15 minutes. Remove and let the biscuits cool.

For Cardamom Pista Cream:

1- Cook 1 cup milk with sugar and gurr till reduced by half. Add in one egg yolk slowly, making sure it does not harden in the pan.
2- As soon as the cream is thick remove it from the flame, drop in the saffron and ground cardamom seeds and place in a fridge to cool.
3- In a bowl, whisk the grated pista and double cream together thoroughly. Place this in the fridge to cool slightly as well.

4- Then gently mix the two creams together, make sure you don't whisk the reduced cream too much.
5- Layer the biscuit with some plum compote and serve the cream drizzled around the sides.
6- Garnish with some grated pistachio and almond.

News from Pakistan

(In this section, we like to highlight progressive events in Pakistan. We request you or someone you know to contribute their positive experiences to feel us proud).



The Karachi Literature Festival (KLF) was initially launched in March 2010. They are open to all and free, and bring together authors of diverse languages and genres. KLF attendance rose from roughly 5,000 in 2010 to 175,000 in 2016. Around 200,000 people attended KLF this year.

By: Shad Mahmud from Pakistan

The Karachi Literature Festival (KLF)- 2017 was held at the Beach Luxury Hotel, Karachi on February 20, 2017. The organizers Ameena Saiyid and Asif Farrukhi, started the opening ceremony. The writers who attended the KLF include, foreign diplomats and high commissioners of USA, UK, Germany, India, France, Italy, and Switzerland. The opening ceremony concluded by a fiery speech by Ayesha Jalal, a Pakistani-American historian who serves as the Mary Richardson Professor of History at Tufts University-Massachusetts. The ceremony was ended after a final presentation from writer Mustansir Hussain Tarar.

Later, the event was opened to several concurrent sessions. The key sessions were Adab Kay Sitaray (Zehra Nigah, Kishwar Naheed, Masood Ashar, and Mustansar Hussain Tarar); Nayee Awazain: New Urdu Writers (Mohammad Hanif); Roshan Khayali: A Homage to Sibte Hasan (the key speaker was Syed Jaffar Ahmed); Ageless Poetry and Graceful Wit, (Mustaq Ahmed Yousifi and Zehra Nigah); Remembering Liaquat Ali Khan, (a conversation of Roger Long with Akber Liaquat Ali Khan); Making Change In Pakistan, What Works and What Doesn't, (Parvez Hoodbhoy); Celebrating Faiz (Zehra Nigah, Salima Hashmi, Adeel Hashmi and Ali Madeeh Hashmi); Security or Economics: What drives Foreign Policy (a panel discussion with Ashraf Jehangir Qazi, Zafar Hilaly and Zia Mian).

Several books were launched during this festivals and those include: High life in Pakistan by Regula Bubb (the wife of a former Swiss ambassador in Pakistan.); Nobody Killed Her by Sabyn Javeria; Dear Heart: To Faiz in Prison, 1951-1955 and Over My Shoulder by Alys Faiz; Daddy's Boy by Shandana Minhas; Fasana Raqam Arain by Mujahid Barelvi; Love in Chakiwara and Other Misadventures by Bilal Tanweer; Those Children by Shahbano Bilgrami; Ajmer Sharif: Awakening of Sufism in South Asia by Reema Abbasi; The Pakistan Anti-Hero: History of Pakistani Nationalism through the Lives of Iconoclasts by Nadeem F Paracha; Interpreting Islam, Modernity, and Women's Rights in Pakistan by Anita M Weiss; Hybrid Tapestries: The Development of Pakistani Literature in English by Muneeza Shamsie; and Hindustan ki Mauseequi by Abdul Halim Sharar.

Press Release



On March 5th/2017 (Sunday Afternoon), PAFA's President, Mr. Zakir Akbar and wife Dr. Saira Waheed hosted a High Tea at their beautiful residence inviting the concerned members of the Pakistani Community in Indiana. The event was very well organized and well attended, including all the 2107 members of the PAFA's Executive Committee. The topic of discussion was, "Channeling the Future of PAFA." A high-spirited, open and frank discussion was followed, and in the midst of the friendly atmosphere, a consensus was reached among all the attendees without any dissent. The

highlights of the discussion are as follows:

- All the participants agreed that considering the long and illustrious history of PAFA and the services this organization has provided over the course of 40 some years; is the sole Association which represents Pakistani Community by at large. Despite multiple private and other non-profit organizations of Indiana, it is the earnest hope and goal of the participants that PAFA continues to play its vital leadership role in the community in many years to come.
- PAFA's President, Zakir Akbar presented the financial challenges the Association is facing and expressed his concerns. His comments were taken very seriously, and the attendees assured the President to extend their full support and cooperation and will help him to make it a financially viable organization."





EVENTS

DATES (Tentative)

Meet and Greet
 Urdu Language Workshop
 Eid Mela
 Eid Milan Dinner
 Pakistan Day Picnic
 Writers Forum
 PAFA Gala Dinner
 Pakistani Movie

In the month of April
 Sat, May 13
 Sat, June 24-Sun, June 25
 Sat, July 1
 Sat, August 19
 Sat, September 30
 Sat, November 4
 Sat, December 23

PAFA activities are critically dependent on the generous contribution from "Friends of PAFA" which helps us organize programs for the whole Pakistani-American community in Indiana. Please fill the information below to become a Friend of PAFA.

Name: _____ Spouse Name: _____

Address: _____

Tel: _____

email: _____

Donation*: \$1000 \$500 \$250 \$100 \$50 \$ _____

Please mail your contribution along with this information to PAFA, P. O. Box 486, Zionsville, IN 46077